



BFL Rules - 2024/2025 Indoor Season

- 7 versus 7 Co-Ed, quarter-field play (1 GK, 6 Players)
- Roster of 13 Players Minimum (Teams will be capped at 16 Max)
- *30+ Co-Ed Teams (*Under 30 yrs players are welcome, however maximum 2-3 under 30 yrs per team as per League Officials approval)
- Games are 2 x 25 minutes
- 22 Game Season Guaranteed
- 14 BFL Schedule
- 3 BFL Cup Schedule (Draw based on Team Rankings after 3rd Week of BFL)
- Baron's Cup MatchDay
- BFL SuperCup (League Winner vs Cup Winner)
- 3 Turul Pokal Matches (End of Season)
- All games officiated and supervised
- Proper indoor footwear and shin guards required and mandatory
- Team gets 3 points Awarded for each Win
- Team gets 1 point Awarded for each Draw
- Team gets 1 point Awarded for each Shutout
- Players get 2 points Awarded for every Goal Scored
- Players get 1 point Awarded for every Assist
- 1 Yellow Card = 2 Minutes Penalty
- 3 Yellow Cards = 1 Game Suspension
- 1 Red Card = 2 Game Suspension (Team Plays Shorthanded for 5 Minutes)
- Zero Tolerance on verbal abuse towards the Game Official, League Convenor, Facility Worker or Authority
- Zero Tolerance on any type of physical abuse / fighting (**Immediate release** from the current league and future competitions without any type of refund)
- **HAVE FUN & ENJOY THE GAME**

The **B.F.L.** is sanctioned in partnership with the **Oshawa Turul Soccer Club**.

League discipline shall be governed by the policies set out by the **Oshawa Turul Soccer Club** and **Ontario Soccer section 12 Discipline**.